



# BODY MASSAGE

## COCONUT OIL

60/90MINS

THB 800/1200

It is a perfect match for the skin and body when it comes to a massage with coconut oil. It keeps the skin rejuvenated, does not let moisture escape, thus, protecting it from drying and cracking.

## PARADISE MASSAGE

90MINS

THB 1200

Our "Signature Massage" using special warming oil followed by Thai, Lomi Lomi, Swedish, Balinese aromatherapy and Indian massage techniques to relieve the body's aches and pains.

## AROMATHERAPY

60/90MINS

THB 600/900

Massage that promotes relaxation, a sense of well-being and healing. Choose either of the following massages calming, energizing, cleansing or decongesting. The therapist will offer you a choice of concentrated essential oils for the massage accordingly.

## THAI MASSAGE

60/90/120MINS

THB 600/900/1200

Thai massage combines Yoga, Shiatsu, acupuncture, stretching and techniques to ensure smooth flow of energy. It's common for our therapist to use their fingers, hands, feet, elbow, knee, forearm or heel during this treatment.

## THAI MASSAGE WITH HOT HERBAL COMPRESS

90MINS

THB 1200

Traditional Thai massage using pressure points stimulation and stretching with gentle rocking. The treatment will be accompanied with hot "luk Prakob" or herbal compress, which is a mixture of various herbs such as turmeric, camphor, and ginger placed in a cotton cloth. This massage is effective in relieving aches, pains, strains, reducing tension and soothing sore muscles.

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# MASSAGE BLISS

## FACE AND HEAD MASSAGE

**60MINS THB 600**

This combination is one of the most relaxing form of Massage Head massage is also good for curing insomnia, fatigue, headache and migraines. Face massage provides relief to tired facial muscles and reduce psychological distress.

## BACK, NECK AND SHOULDER MASSAGE

**60MINS THB 600**

This is a relaxing massage therapy concentrating on the back, neck and shoulder muscles. The treatment is designed to relax and ease tension in the area of the body where muscle problems most often occur. The massage is suitable to anyone who wants to relieve stress in the back, neck and shoulder areas in particular. It will help to combat the stress of everyday life.

## FOOT MASSAGE

**60MINS THB 600**

Soak away your feet and legs with herbal foot ritual to invigorate your body, reduce fatigue and provide an energy boost. A foot pressure point is applied on feet zones to relieve pain, to stimulate the function within body system. The gentle therapy encourages the body to work naturally to restore its own healthy balance.

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# BODY TREATMENTS

## COCONUT SCRUB

60MINS

THB 1200

An extremely rich exfoliating paste contains high therapeutic nutrition of virgin coconut oil, this tropical scrub helps tone, nourish and protect the skin from getting dry and flaky.

## COFFEE SCRUB

60MINS

THB 1200

Fresh brewed coffee bean applied to whole body with yogurt, removing dead dried skin and producing a radiant glow. Recommended for sensitive or oily skin. A steam bath before body scrub is strongly recommended.

## SEA SALT SCRUB

60MINS

THB 1200

Andaman sea salt is combined with rose essential oil leaving your skin completely smooth and radiant.

## ALOE VERA MASSAGE

60MINS

THB 700

The treatment combines gentle massage and Aloe vera which has been known for healing of wounds and relieving sunburn. The treatment can help reduce inflammation, pain and itching.

## ALOE VERA WRAP

60MINS

THB 1200

Designed for relieve sun damaged or sun sensitive skin. This soothing aloe vera body wrap will help to relieve the discomfort of over exposed skin, alleviate your skin's burning and tighten surface skin.



# FACIAL TREATMENT BY PARADISE RECIPE

## TROPICAL FACE MASK

60MINS

THB 800

This facial treatment is designed for all types of skin by using all natural facial ingredients which act as anti-oxidant and anti-free radical factor. It leaves the skin with a youthful radiance, brightens the complexion and is deeply hydrating.

## THAI HERBAL FACIAL

60MINS

THB 800

A gentle and luxurious facial designed to soothe and nature sensitive and delicate skin.

## DEEP CLEANSING FACIAL

60MINS

THB 800

This facial treatment is designed to deeply cleanse and clarify the skin. Exfoliation Techniques leave your skin with radiant glow.

# SPECIAL BY PARADISE

## HAIR BRAIDING

FROM THB 1000-2500

## MANICURE

THB 400

## PEDICURE

THB 400

## FOOT SCRUB

THB 600

# PACKAGE

## LOVER PACKAGE

**2:30 HRS**

**THB 4500 / COUPLE**

Herbal Steam Baht	15 mins
Choice of massage	60 mins
Choice of body treatment	45 mins
Milky bath	30 mins

## TOUCH THAI THERAPY

**3 HRS**

**THB 2500 / PERSON**

Herbal Steam Baht	15 mins
Thai massage	60 mins
Thai herbal Scrub	45 mins
Thai herbal facial	60 mins

## TASTE OF PARADISE

**4 HRS**

**THB 3000 / PERSON**

Herbal Steam Baht	30 mins
Paradise massage	90 mins
Coconut Scrub	30 mins
Tropical face mask	60 mins
Milky bath	30 mins

## DISCOVER PARADISE

**4 HRS**

**THB 3500 / PERSON**

Foot massage	30 mins
Herbal steam bath	15 mins
Choice of body scrub	45 mins
Milky bath	30 mins
Back, Neck and shoulder	90 mins
Head and Face	30 mins